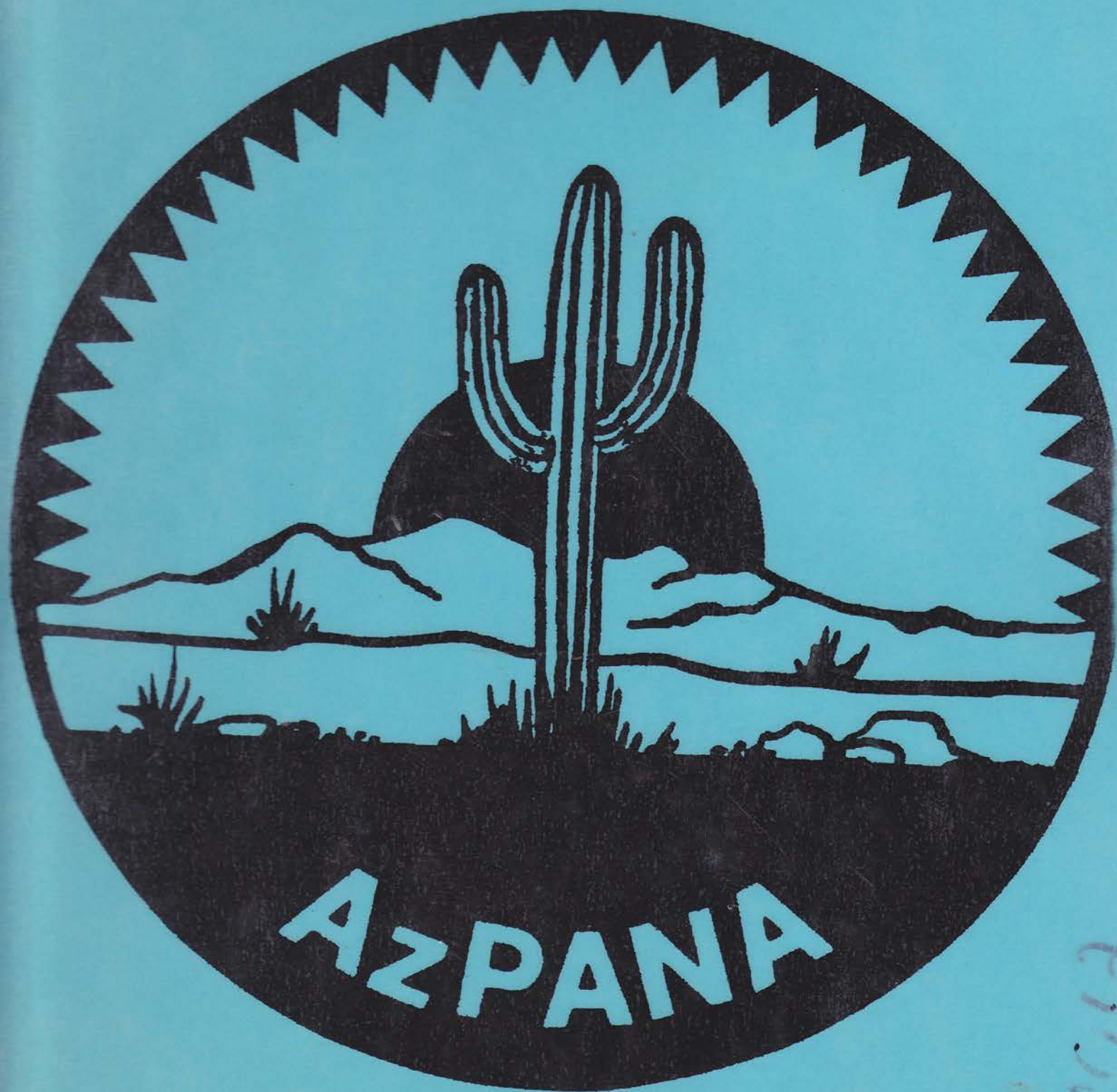


ALBUM



2010 + 2011

ABPANC's Shining Star Award: A Component Recognition Program

ABPANC'S Shining Star Award publicly recognizes ASPAN Components for supporting and encouraging CPAN® and CAPA® certification at the local level. All Components, meeting the following criteria, will be awarded the Shining Star Award at the annual CPAN®/CAPA® Celebration Event, held in conjunction with the ASPAN National Conference. The award, a beautiful silver star, is engraved with the Component's name and year of award. This star statue can be displayed proudly at Component meetings! Let ABPANC celebrate your success!

[Eligibility Requirements and Application Form](#)

[Past Component Recipients](#)

8 time
winner!



{ 2005
2006
2007
2008
2009
2010
2011
2012

number to log in. Check your
e-mail to complete the

number to log in. Check your
registration.

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Ellen Steinkamp, BSN, RN, CPAN, CAPA
AzPANA President 2009-2010

It's seems like we were just celebrating Christmas and now we are well into the first quarter of 2010. This promises to be an exciting year for AzPANA. On March 6th 2010, AzPANA members were invited to attend a complimentary seminar in Scottsdale, complimentary as in no-charge! This was a first for AzPANA and I believe it was very well received; our Education Director Kris Ingegneri has a report in this newsletter.

It was sponsored by AzPANA in

organize a group picture for all

offered to all perianesthesia nurses. conjunction with Northwest Medical Center in Tucson. The speaker Jacque Crosson donated her time for a full day of preparation for any for a full day of preparation for any nurse who might be planning on taking either the CPAN or the CAPA certification test. This is part of AzPANA's commitment to providing quality educational opportunities and supporting perianesthesia nurses in pursuit of certification.

ASPANA's 29th National Conference is in New Orleans, Louisiana, April 18 - 22, 2010. This year's conference theme "Roots of Knowledge, Seeds of Transformation" offers educational opportunities for all phases of perianesthesia nursing and the Component Night Theme "Laissez Les Bon Temps Rouler" (let the good times roll) suggests there will be opportunities to play in New Orleans as well.

at www.azpana.org. We plan to AzPANA members in attendance and hopefully an invitation to a lunch or dinner get together. If you have never attended a National Conference before, this you have never attended a National Conference before, this is one not to be missed.

[Read more](#)

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Attention CPANs / CAPAs: Scholarships are available for recertification fees...

And you may be eligible. Fill in and submit the AzPANA Scholarship form.

* PAC News is the newsletter of the Arizona PeriAnesthesia Nurses Association

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Spring 2010 Newsletter



Volume 24 Issue 1 - Spring 2010

PAC News*

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Ellen Steele, BSN, RN, CPAN, CAPA
AzPANA President 2009-2010

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AzPANA President's Letter

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For those of you planning to join us in New Orleans it's not too late to register on the ASPAN website at www.aspan.org. We plan to organize a group picture for all AzPANA members in attendance and hopefully an invitation to a lunch or dinner get together. If you have never attended a National Conference before, this is one not to be missed.

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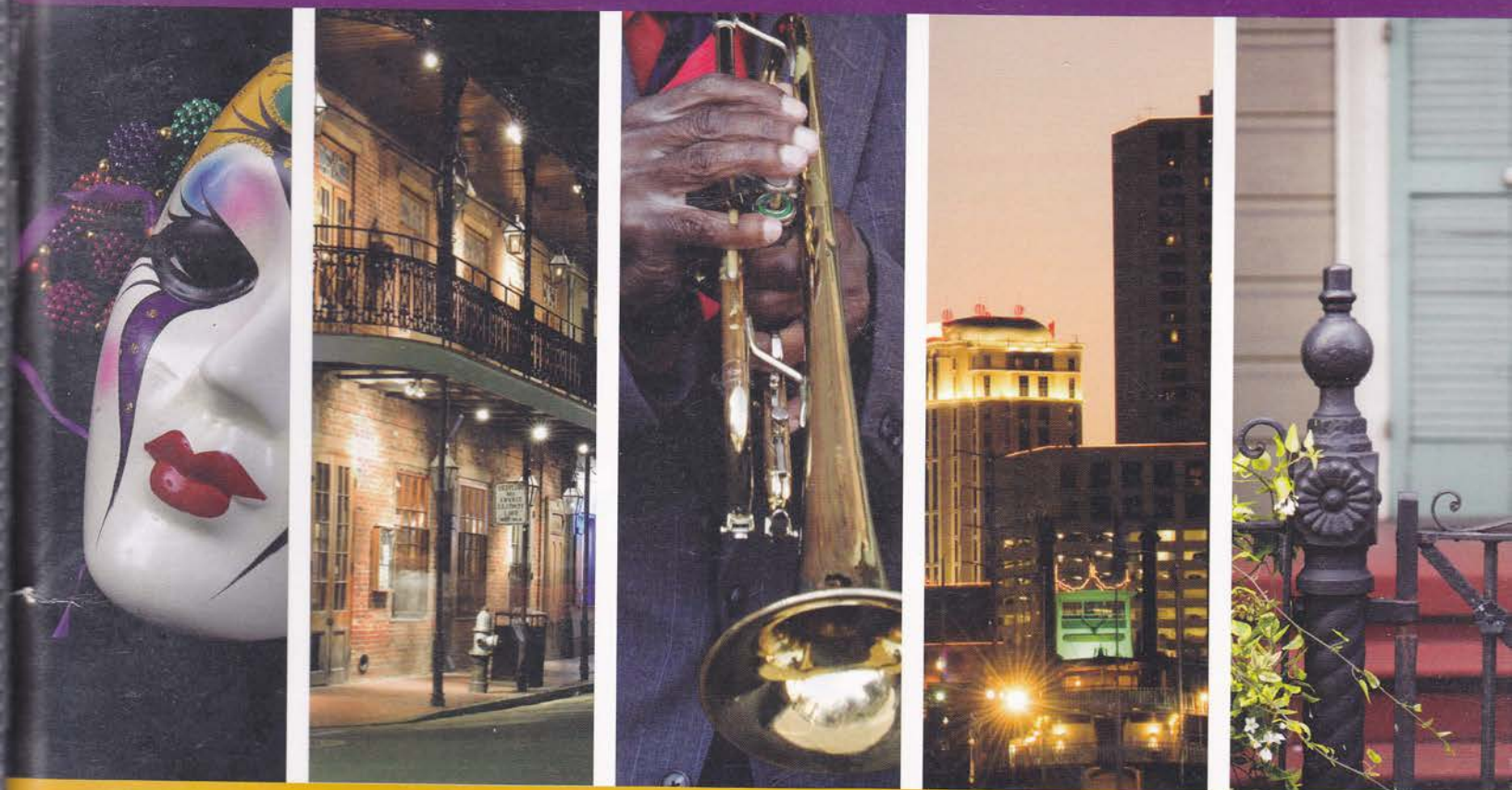
* PAC News is the newsletter of the Arizona PeriAnesthesia Nurses Association

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ASPAN'S 29TH NATIONAL CONFERENCE

April 18-22, 2010 • New Orleans Marriott Hotel • New Orleans, LA



✦ **ROOTS OF KNOWLEDGE, SEEDS OF TRANSFORMATION** ✦



2010 Syllabus

AMERICAN SOCIETY OF PERIANESTHESIA NURSES

Representing the interests of the nation's 55,000 registered nurses practicing in preanesthesia and postanesthesia care, ambulatory surgery, and pain management.



Component Night 2010
 "Laissez Les Bon
 Temps Rouler!"

Solari Bell Rattle Item





2010
ASPA National
Conference
New Orleans, LA



★ ASPAN 2010 ★
Past Presidents
★ Sara Waldron & Jim Burford ★

Journey with us to Prescott, Arizona
 "Everybody's Hometown"
 Saturday, June 5, 2010

0715 - 0750	Registration	Continental Breakfast / Exhibits
0750 - 0800	Welcome	Kris Ingegneri BSN, RN, CPAN
0800 - 0915	Mosey over to the courthouse Healthcare Reform	Crystal Hamilton BS, MBA RN, CNO, COO
0915 - 0935	Time in the Shade	Break / Exhibits
0935 - 1050	See you at the corner drugstore The Effects of PeriAnesthesia Medications	Nancy O'Malley, MA, RN, CPAN, CAPA
1050 - 1150	Hoedown at the town square How Personality Styles Affect the Workplace and Patient Care	Nancy O'Malley MA, RN, CPAN, CAPA
1150 - 1200	AZPANA President's Update / Awards	Ellen Steele BSN, RN, CPAN, CAPA
1200 - 1300	Farmers Market	Enjoy Lunch ! & Exhibits
1300 - 1430	Breathe that fresh ponderosa-pine air Postoperative Respiratory Complications	Nancy O'Malley MA, RN, CPAN, CAPA
1430 - 1445	Discover the Scenery	Break / Exhibits
1445 - 1615	Y'all come back now Neuraxial Analgesia	Sara Waldron BSN, RN, CPAN Teresa Wilson MS, APRNC-OB, CNS, BC
1615 - 1630	Journey's End	Closing / Evaluations / Silent Auction

For program inquiries contact saspacher@carondelet.org

Disclosure Statement

All faculty at nursing continuing education activities are required to disclose to the audience (1) any significant financial relationship with the manufacturer (s) of any commercial products, goods, or services, and (2) any unlabeled / unapproved uses of drugs or devices discussed in their presentations. Such disclosures will be made in writing in the course presentation materials.



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Summer 2010 Newsletter



Volume 24 Issue 2 - Summer 2010

PAC News*

AzPANA President's Letter



Ellen Steele, BSN, RN, CPAN, CAPA
AzPANA President 2009-2010

The ASPAN National Conference was held in New Orleans this past April. I feel very fortunate to have had the opportunity to attend this event as a representative of AzPANA.

There were so many interesting topics to choose from, covering all areas of Perianesthesia Nursing.

"Problems can become opportunities when the right people come together."

Robert Redford

One thing of interest was the many different evidenced based practice research posters submitted by ASPAN members from all areas of Perianesthesia Nursing practice across the country. These posters represent nurses identifying areas or process that they felt could be improved within their facilities. Two hot topics were "Family visitation in the PACU" and "Achieving SCIP Goals". These are a wealth of knowledge for all perioperative nurses as we are all facing these same challenges. The conference also provided a chance to meet nurses from all over the country and learn how they have met some of the challenges that face all of us in this profession. We managed to find a little time to enjoy some great Cajun cooking, fantastic music and even a ghost tour of the French Quarter.

I am very grateful to the AzPANA membership for providing this opportunity for me. I plan to share what I have learned with co-workers as well as with the AzPANA Board and membership.

AzPANA has just completed the annual elections for board positions.

[Read more](#)

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Attention CPANs / CAPAs: Scholarships are available for recertification fees...

And you may be eligible. Fill in and submit the [AzPANA Scholarship form](#).

*** PAC News is the newsletter of the Arizona PeriAnesthesia Nurses Association**



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Volume 24 Issue 3 - Fall 2010

PAC News*

AzPANA President's Letter



Ellen Steele, BSN, RN, CPAN, CAPA
AzPANA President 2009-2011

*"We can do more than belong,
we can participate."*

Maya Angelou

The past presidents, directors, committee chairpersons and members have created the organization we are a part of today.

AzPANA is a strong and vital voice for perianesthesia nurses and our mission continues to be advancing perianesthesia nursing practice by providing educational opportunities and promoting specialty certification.

In June we transitioned in a new board of directors. To the board members who have completed their service term, we thank you for all that you have contributed to our organization. To the members who are joining us for the first time and those who are returning to service, we welcome you. This promises to be a challenging and exciting year. In September four of our board members attended ASPAN's Component Development Institute in Louisville, Kentucky.

Each year representatives from all ASPAN components are invited to attend this seminar which offers many opportunities to learn how to better manage our component and meet the needs of our membership. There were sessions on component newsletters, websites, financial management and recruiting new component leaders. Those who represented AzPANA will have many great ideas to share with us.

[Read more](#)

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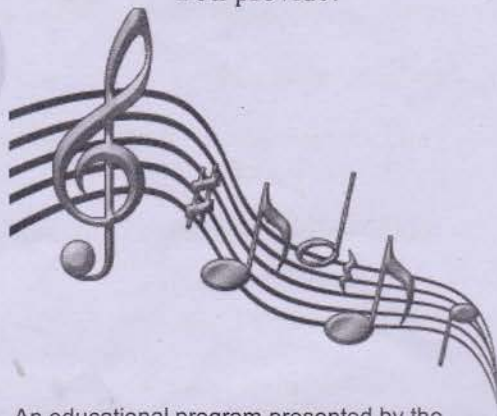
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*** PAC News is the newsletter of the Arizona PeriAnesthesia Nurses Association**

Making PeriAnesthesia Music

The fine art of improving the nursing care
You provide!



An educational program presented by the
Arizona PeriAnesthesia Nurses'
Association



Saturday
September 25, 2010
Tucson Hilton El Conquistador

Target Audience: Perianesthesia nurses,
working in all phases of perianesthesia care

Purpose/Goal: To educate participants
about the implications of new interventional
and surgical procedures, to guide the nurse
in the providing ethical and compassionate
care when addressing end-of life issues, and
to help perianesthesia nurses understand
how the ASPAN Standards can assist them
in their workplace environments.

This activity has been submitted to American Society of
Perianesthesia Nurses for approval to award contact hours.
American Society of Perianesthesia Nurses is accredited as an
approver of continuing nursing education by the American
Nurses Credentialing Center's Commission on Accreditation.



Making PeriAnesthesia Music

Saturday, September 25, 2010

0715 – 0750	Registration / Continental Breakfast / Exhibits	
0750 – 0800	Welcome 🎵	Kris Ingegneri BSN, RN, CPAN
0800 – 0900	Interventional Radiology for Cerebral Aneurysm Conducting the melody	Creed Rucker M.D.
0900 – 1000	Pain –Insight and Management Finding the right pitch...and tempo	Michelle Herman M.D.
1000 -1015	Break / Exhibits 🎵	
1015 - 1115	Perianesthesia Considerations of DaVinci Robotic Laparoscopic Procedures Keeping in step with the beat	Rodney Solgonick M.D.
1115 – 1130	AZPANA President's Update / Awards	Ellen Steele BSN RN CPAN CAPA
1130 – 1230	Lunch 🎵 Sounds good!	
1230 – 1330	Preventing Discord: Consent Issues in the PeriAnesthesia Setting Everything in harmony	Kathleen Lambert BSN RN JD
1330 – 1430	Responding to the Challenges of End of Life Issues Improvisation- creating spontaneous music	Tani Bahti BSN RN, CT
1430 – 1445	Break / Exhibits 🎵	
1445 - 1545 CAPA	Put ASPAN Standards to Work for You Singing established lyrics	Jeanne Going BSN MS RN CPAN Jacque Crosson BSN MS RN CPAN
1545 – 1600	Closing / Evaluations 🎵 How was the performance?	

Preventing Discord: Consent Issues in the PeriAnesthesia Setting

Kathleen A. Lambert,
RN, BSN, JD
Attorney at Law



9/2010 Group Participation



9/2010 Jacque Crosson
Phoenix Ed. Chair



Vendor 9/2010



9/2010

Dr. S. Herman
Speaker

9/2010
Ellen Steele
"Madam President"





9/2010 Raffle Table



9/2010

Peri Anesthesia Nurses
Expanding their Horizons
SMH-Tucson



9/2010 Speakers:

Jeanne Going - Secretary AZPANA

Jacque Crosson - PHX Ed. Chair



9/2010 Kris Ingegneri - Director of Ed.

& Speaker: Tani Bahti



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Volume 24 Issue 4 - Winter 2010

PAC News*

AzPANA President's Letter



Ellen Steele, BSN, RN, CPAN, CAPA
AzPANA President 2009-2011

As this year comes to a close your AzPANA board of Directors is busy planning AzPANA's 30th Anniversary Celebration. The date of June 4th 2011 has been chosen and the Education Committee is negotiating the location. We hope to make this a special event recalling our past and celebrating all that has been accomplished. We need the help of our members; if you served on AzPANA's board in the past or know someone who was active in AzPANA but has retired or moved away, we would like your help in contacting these individuals. If you have pictures or stories from past AzPANA events we would love for you to share them. If you have ideas or are willing to help we welcome you. You can contact any board member for assistance; our e-mail contact information is listed on the AzPANA website.

"The greatest quest in life is to reach one's potential."

Mychal Wynn

The second decade of the 21st century is here, and there are many events planned to celebrate our profession and provide opportunities to increase our knowledge. February 7th through 13th is Perianesthesia Nurse Awareness Week (PANAW), celebrating our unique nursing specialty practice. Plan some special event to celebrate in your facility; our PAC News Editor would love for you to share stories or pictures of your celebration. You could find your story in the next edition of the newsletter. February also brings opportunities to be involved in nursing legislation; your AzPANA Governmental Affairs Chair will provide more information in this newsletter.

It's not too early to start planning to attend the ASPANA National Conference, April 3rd through 7th 2011, in Seattle, Washington. The theme this year "Reinvest in your Potential" will offer learning opportunities for nurses in all areas of PeriAnesthesia practice. AzPANA offers scholarships to qualified members and there are many ways to earn points. The application is available on the AzPANA website. Our Scholarship Chairperson can assist you; her e-mail address is also listed on the website.

With the holidays upon us it seems that there is never enough time to accomplish everything we would like. As a child it seemed as if Christmas would never get here, now I feel as if it runs over me before I can get out of the way. My holiday wish for each of you is to spend a few treasured moments with those you love.

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Attention CPANs / CAPAs: Scholarships are available for recertification fees...

And you may be eligible. Fill in and submit the #49521 [AzPANA Scholarship form](#).

* PAC News is the newsletter of the Arizona PeriAnesthesia Nurses Association

American Society of PeriAnesthesia Nurses
2011 Winter/Spring Seminar Series



***Surrounding Your Practice With
Excellence:
Legalities, Standards and Advocacy***

***Saturday, January 15, 2011
Phoenix, Arizona***

***Presented by:
Dolly Ireland MSN RN CAPA CPN***

7.25 Contact Hours

Please detach the *Overall Evaluation Form* and *Session Evaluation Form* from this packet. Complete both forms and turn them in at the completion of the seminar to receive your *Contact Hour Certificate*.

You must be present for the entire program to receive Contact Hours.

This program has been developed by the Education Provider
Committee of ASPAN and is the sole property of ASPAN



PAC News*

VOLUME 25 ISSUE 1 SPRING 2011

AZPANA PRESIDENT'S LETTER



Ellen Steele,
BSN, RN, CPAN, CAPA
AzPANA President 2009-2011

Spring arrives early in most parts of Arizona and I am so happy to have spent this past winter here compared to so many other places in the country.

Have you ordered the latest edition of the AS-

PAN Standards for 2010 - 2012? Every unit in all types of PeriAnesthesia settings should have a copy; it is an invaluable tool containing PeriAnesthesia practice standards, clinical practice guidelines and recommendations, position statements and resources. If the unit you work in has ever been challenged by inadequate staffing issues, ASPAN has established a standard practice recommendation that defines the number and type of personnel required to provide safe patient care in all types of perianesthesia settings. Does the PACU in your facility ever hold Med/Surg or ICU overflow patients overnight? ASPAN has a position statement that addresses each of these issues. The ASPAN Standards define the perianesthesia nurse's scope of practice, you need this book. You can get your copy on the ASPAN website; www.aspan.org.

ASPAN's 30th National Conference will be held in Seattle, Washington this year, April 3rd - 7th, 2011. The theme this year is "Reinvest in your Potential" and promises a wide variety of educational topics covering every area of perianesthesia nursing. The Keynote Speaker and the Closing Address always offers motivation, inspiration and reignites passion for our profession. If you have never attended a national conference there are sessions for first timers; if you're considering taking the challenge of the certification test, there are sessions to help you with this as well. The component night is always very entertaining. This year in the Emerald City the theme will be "Follow the Yellow Brick Road". For those of you planning on attending please be sure to stop by the AzPANA table on component night. We plan to organize a group picture of all AzPANA members in attendance for our next addition of the PAC News. If you have not registered yet, it's not too late, go to the ASPAN website for more information.

The plans for AzPANA's 30th Anniversary Seminar are well underway. The date and location have been decided and the Education Committee is working hard to provide interesting topics with excellent speakers. Save the date June 4th, 2011 in Scottsdale. Further details will be posted on the website as they become available.

Continued on Page 3.....

SPECIAL POINTS OF INTEREST:

Surfing the Net?



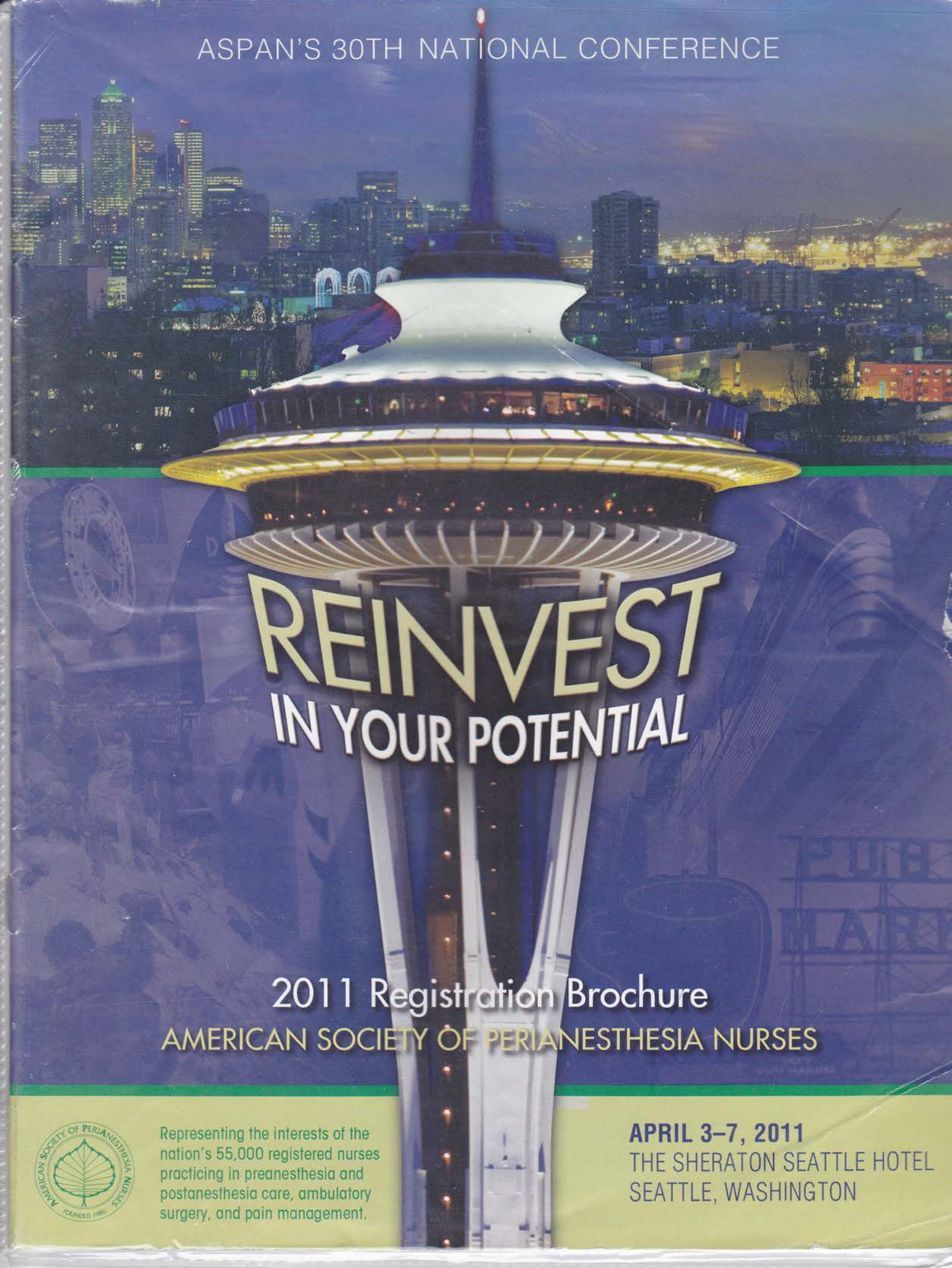
Check out www.azpana.org for a wealth of information. Active members can logon to access additional info.

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ATTENTION CPANS / CAPAS: SCHOLARSHIPS ARE AVAILABLE FOR RECERTIFICATION FEES... AND YOU MAY BE ELIGIBLE. FILL IN AND SUBMIT THE (110557) AZPANA SCHOLARSHIP FORM.

ASPAN'S 30TH NATIONAL CONFERENCE

A night-time photograph of the Space Needle in Seattle, Washington, with the city skyline visible in the background. The Space Needle's observation deck is illuminated, and the city lights are visible in the distance.

REINVEST IN YOUR POTENTIAL

2011 Registration Brochure
AMERICAN SOCIETY OF PERIANESTHESIA NURSES



Representing the interests of the nation's 55,000 registered nurses practicing in preanesthesia and postanesthesia care, ambulatory surgery, and pain management.

APRIL 3-7, 2011

THE SHERATON SEATTLE HOTEL
SEATTLE, WASHINGTON



2011 Shining
Star

7th win for AZ!



**Arizona PeriAnesthesia
Nurses' Association**

Presents

Certification Review Course

at

Northwest Hospital

Tucson, Arizona

Saturday, March 12, 2011

8:00 – 2:30

**Topics include: Standards update, medication review, legal
issues, and assessment skills.**

Complementary for AzPANA membership!

\$25.00 for non-members.

Email:



ASPA
Conference
April 2011

Seattle,
Washington

Pat
Taylor
+
Ellen
Steele





PAC News*

Volume 25 Issue 2 - Summer 2011

AZPANA President's Letter

Summer is here, time for barbecues, picnics, swimming, and vacations. Summer is also a time of transition for AZPANA. The annual spring elections are complete and there are new board members to welcome and retiring board members to thank for their service. Our Vice President Maureen Serafin has more information on the elections in this newsletter.

If you attended AZPANA's recent 30th Anniversary Celebration you met some of the board members serving who participated in the planning of the celebration. It was a great success; the location was the Valley Ho Resort in Scottsdale.

An anniversary reception was held on Friday evening to meet and mingle with other AZPANA members and to look back at AZPANA's transition through the years from 1981 to 2011. Our Historian Chairperson, Vickie Korn did a fantastic job of creating a slide show of pictures from events spanning the past 30 years accompanied by music from the 1980's.



Ellen Steele, BSN, RN, CPAN, CAPA
AZPANA President 2009-2011

The seminar on Saturday was excellent with great topics and speakers. Our Director of Education, Kris Ingegneri will have all the details in this edition of the newsletter. AZPANA has been served by 28 presidents since 1981. At the anniversary celebration there were 17 Past Presidents in attendance; it was a memorable reunion for everyone.

Continued

Attention CPANs / CAPAs: Scholarships are available for recertification fees...

And you may be eligible. Fill in and submit the [AZPANA Scholarship form](#).

*** PAC News is the newsletter of the Arizona Perianesthesia Nurses Association**



ASPA
Conf.
Component
Night
2011

Wizard of OZ!

Pat Taylor, Ellen Steele, Sandra Aspacker
& Maureen Seratin

Pat Taylor

Ellen Steele





AzPANA is 30 years old...

☆ 1981 - 2011 ☆

...and in conjunction with the conference, we are having a birthday party! Conference registrants are invited to a reception, Friday, June 3rd at the Valley Ho Hotel; 6-9 p.m. There will be music, games, AzPANA trivia questions and probably a few surprises. Join old friends and new colleagues to celebrate the success of our organization and recognize contributions of our members.

Hors d'oeuvres / cash bar / RSVP with registration

The purpose of this program is to discuss clinical issues related to shoulder surgery, blood utilization and regional anesthesia and to consider how reimbursement, patient privacy and practice standards impact patient care.

Overall Program Objective

Discuss factors influencing perianesthesia nursing practice by networking with perianesthesia peers and interacting with clinical and nursing practice subject matter experts.

Program faculty:

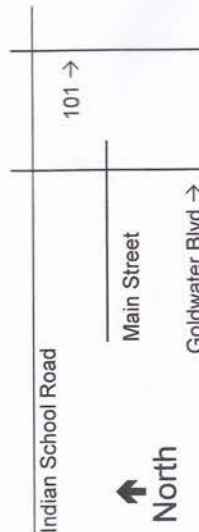
Gregory Evangelista MD	Betsy Reiley RN
Robert Riley MD	Frank Ruelas MBA
Meraj Mohiuddin MD	Sara Waldron BSN RN CPAN
Jacque Crosson BSN MS RN CPAN	

Conference site: Hotel Valley Ho (Conference rate/\$99 night)
6850 E. Main St. -- Scottsdale, AZ 85251
(480) 248-2000 or (866) 882-4484 www.hotelvalleyho.com

From TUCSON: I-10 West to 202 East → to 101 North
Exit on Indian School Road (Exit #47); turn left.
Tucson to Scottsdale is approximately 120 miles.

From FLAGSTAFF or Northern areas:
I-17 South to 101 East → then 101 South
Exit on Indian School Road (Exit #47); turn right.
Flagstaff to Scottsdale is approximately 160 miles.

From Indian School road turn left onto Goldwater Blvd (approximately 2.5 miles from 101); turn right on Main Street; Hotel Valley Ho is at the end of Main Street.



Pearls of Perianesthesia Wisdom



An educational program presented by the

**Arizona PeriAnesthesia Nurses
Association**



And a celebration
of
AzPANA's 30th Anniversary

Saturday / June 4, 2011
Hotel Valley Ho - Scottsdale AZ

Target Audience: Nurses working in all settings
and phases of perianesthesia care

Accreditation:

This activity has been submitted to the American Society of Perianesthesia Nurses for approval to award contact hours. American Society of Perianesthesia Nurses is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Arizona PeriAnesthesia Nurses Association

Pearls of PeriAnesthesia Wisdom

Saturday, June 4, 2011

0715 – 0750	Registration / Continental Breakfast / Exhibits	
0750 – 0800	Welcome	Kris Ingegneri BSN RN CPAN
0800 – 0900	Health Care Changes, Nursing Practice and Reimbursement • <i>If you're not part of the solution, you're part of the problem</i>	Peaggy Boley Reiley RN
0900 – 1000	Shoulder Surgeries • <i>Different strokes for different folks</i>	Gregory Evangelista MD
1000 -1015	Break / Exhibits	
1015 - 1115	The Bloody Truth: Blood Utilization and Transfusion Risks • <i>Less is more</i>	Robert Riley MD
1115 – 1200	AzPANA Report / Recognition / Awards ASPAN Review / News • <i>Where there's a will there's a way</i>	AzPANA President Ellen Steele BSN RN CPAN CAPA ASPAN Vice-President/President Elect Susan Carter BSN RN CPAN CAPA
1200 – 1300	Lunch • <i>Don't bite off more than you can chew!</i>	
1300 – 1400	Protecting Patient Privacy • <i>Don't let the cat out of the bag</i>	Frank Ruelas MBA
1400 – 1500	Regional Anesthesia • <i>An ounce of prevention is worth a pound of cure</i>	Meraj Mohiuddin MD
1500 – 1515	Break / Exhibits/ Raffle • <i>Don't put all your eggs in one basket!</i>	
1515 - 1615	Focus on ASPAN Standards to Support Your Practice • <i>A job worth doing is worth doing well</i>	Jacque Crosson BSN MS RN CPAN Sara Waldron BSN RN CPAN
1615 – 1630	Closing / Evaluations • <i>Give credit where credit is due</i>	

More information at www.azpana.org
For program inquiries contact kingegneri@cox.net

Disclosure Statement: All faculty at nursing continuing education activities are required to disclose to the audience (1) any significant financial relationship with the manufacturer (s) of any commercial products, goods, or services, and (2) any unlabeled / unapproved uses of drugs or devices discussed in their presentations. Such disclosures will be made in writing in the course presentation materials.

Join AzPANA friends !

30th Anniversary Celebration
Complimentary Hors d'oeuvres Reception
Hosted by AzPANA
Friday, June 3, 2011 6 pm – 9 pm
Cash Bar
RSVP with registration



REGISTRATION

AzPANA Spring Conference - Pearls of PeriAnesthesia Wisdom

June 4, 2011

****Copy of Membership Card or proof of current enrollment must accompany registration**

Name _____ ASPAN Membership # _____
Please PRINT or Type

Address _____ E-mail _____ ☐ Home ☐ Work
Required for registration confirmation

City _____ State _____ ZIP _____ Telephone # _____ ☐ Home ☐ Work

Fees: ☐ \$100.00 ASPAN/AzPANA Member** / other Professional Nursing organization** ☐ \$50.00 Student nurse - non-licensed**

****Discounts do not apply without copy of Membership Card or proof of current enrollment.**

☐ \$150.00 Non-members

☐ \$ 5.00 Discount for CPAN or CAPA certification (Copy of CPAN / CAPA certification card required for discount)



Meet, Greet and Reconnect with
Friends,
Old and New!!

Fun

Memories

AzPANA Spring Seminar
Celebrating 30 Years of Perianesthesia Nursing

June 3rd and 4th, 2011
At the Historic Hotel Valley Ho in Scottsdale, AZ

Enjoy a Reception hosted by AzPANA
6-9 pm Friday evening June 3, 2011

Attend a Seminar Saturday June 4, 2011
7:30 am - 4:30 pm

Awards - Games - Music - Prizes

Rooms reserved for AzPANA Members and attendees for \$99/night single/double occupancy.

Make your reservations now! www.hotelvalleyho.com

"Pearls of Perianesthesia Wisdom"

[Print out the brochure here](#)

This year marks the 30th Anniversary of the Arizona PeriAnesthesia Nurses' Association (AzPANA). Incorporated on May 4, 1981, the Arizona Recovery Room Nurses Association (ARRNA) was organized for the purpose of "providing educational, scientific programs to recovery room nurses in order to assist them in maintaining necessary skills to provide safe, efficient nursing care for patients". Though the name of the organization has changed twice during these 30 years, the commitment to provide education relevant to nurses practicing in all phases of perianesthesia nursing has not changed. AzPANA's mission is to serve as a perianesthesia nursing resource to advance nursing practice within the community through professional and educational opportunities. Through the provision of seminars, scholarships to attend both local and national conferences, internet links and resources, and networking opportunities, AzPANA continues to serve its members and the nursing community. Ultimately it is the patients to whom we provide care that benefit from these efforts.

Celebrate our unique specialty and the contributions of perianesthesia nursing professionals by joining us at the Spring AzPANA Seminar and 30th Anniversary Celebration. Empower yourself with additional knowledge to advance and promote safe and optimal care for the patients we serve.

Kris Ingegneri BSN RN CPAN
AzPANA Director of Education



30th Anniversary Celebration
AZPANA



Past Presidents in
Attendance at 30th Gala!



6/11
 madam President
 Ellen Steele
 cuts
 30th
 Anniversary
 Cake at
 Reception

Members
 Enjoy
 Good
 Company
 +
 Slide
 Show



members
 Enjoy
 food
 +
 drink





Off Reception
 President: Ellen Steele
 Vice President
 & Past President:
 Maurine
 Serafin

members
 enjoy
 Reception
 at
 Valley Ho



AZPANA
 members:
 Ysabel Murrieta
 Vicki Kuan
 Patty Hernandez



HISPANA Eileen F. Dalton Memorial
Presidential Award
2011

Presented to SYLVIA NIELSON
By President Ellen Steele





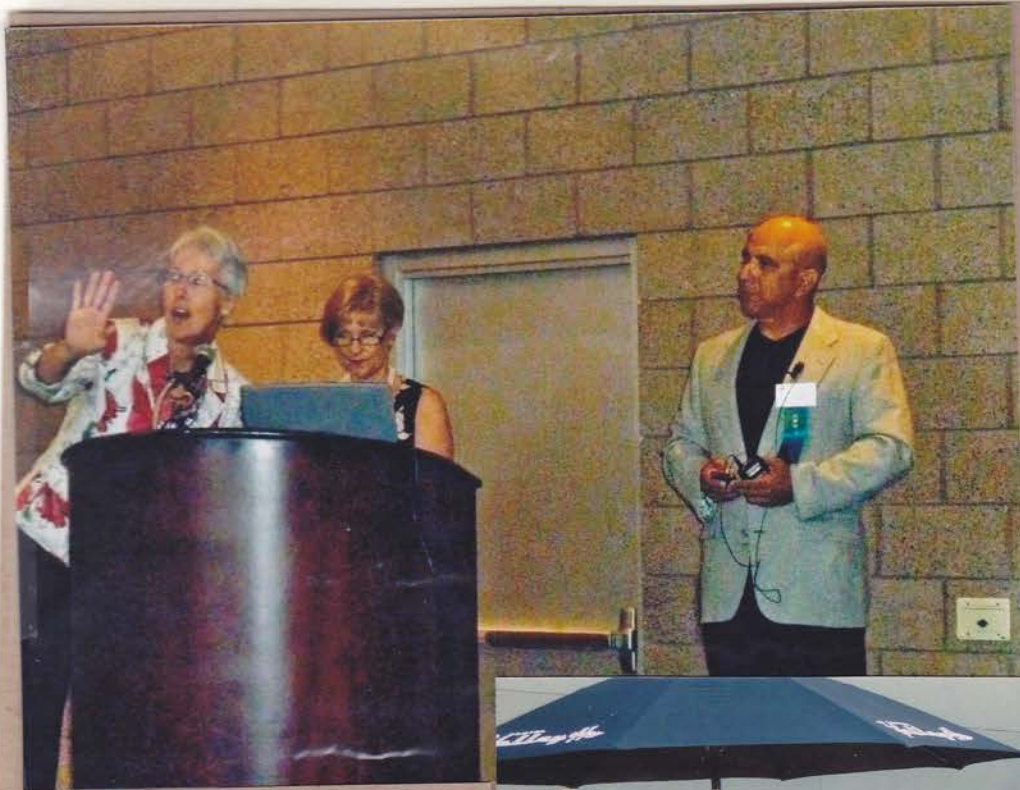
AZPANA
Table with
7 shining star
& 1 Gold
Leaf Award



Members
Conference
4/11
Scottsdale



Raffle
Items



6/11
Scottsdale
Conference -
Speakers
+
Presenters



Sweet
Tooth
Break



Publicity
Historian:
Vicki Korn

Secretary:
Jeanne
Boing



Passing the gavel
Past Pres: Ellen Steele
Pres: Maureen Serafin
Summer 2011

On the Trail to Excellence in PeriAnesthesia Nursing Care

Saturday, September 24, 2011

0715 – 0755 **Registration / Continental Breakfast / Exhibits**

0755 – 0800 **Welcome** Hit the trail head

Sandy Aspacher BSN, RN, CAPA

0800 – 0900 **Surgical Management of Chronic Sinusitis**
Trail blazing

William R. LaMear MD

0900 – 1000 **Surgical Management of Pain**
Leave the excess baggage

Joseph A. Christiano, Jr. MD

1000 – 1015 **Break / Exhibits** Feel free to roam

1015 - 1115 **Cerebrovascular Surgery**
Where the paths cross

Ronald A. Kline MD

1115 – 1130 **AZPANA President's Update / Awards**

Maureen Serafin RN, CPAN

1130 – 1230 **Lunch** Rations

1230 – 1330 **Obstructive Sleep Apnea: Define It,
Treat It, and Understand It**
Restricted byways

Michelle Herman MD.

1330 – 1430 **Physician / RN Communication: How to
Optimize the Way We talk to One Another**
Share the path

Michelle Herman MD.

1430 – 1445 **Break / Exhibits** Feel free to roam

1445 – 1545 **The Future of Nursing: Leading Change**
Ascend higher peaks

Teri Wicker PhD, MSN, RN
President, Arizona Nurses Association

1545 – 1600 **Closing / Evaluations*** End of the trail

*Contact hours will be awarded to those participants who attend the entire program and complete an evaluation form.

AzPANA would like to thank everyone who generously donated raffle items and everyone who helped to bring this educational offering to you by donating their time. And a special thanks to all of you for coming.

Happy trails!



Speakers



9-24-11



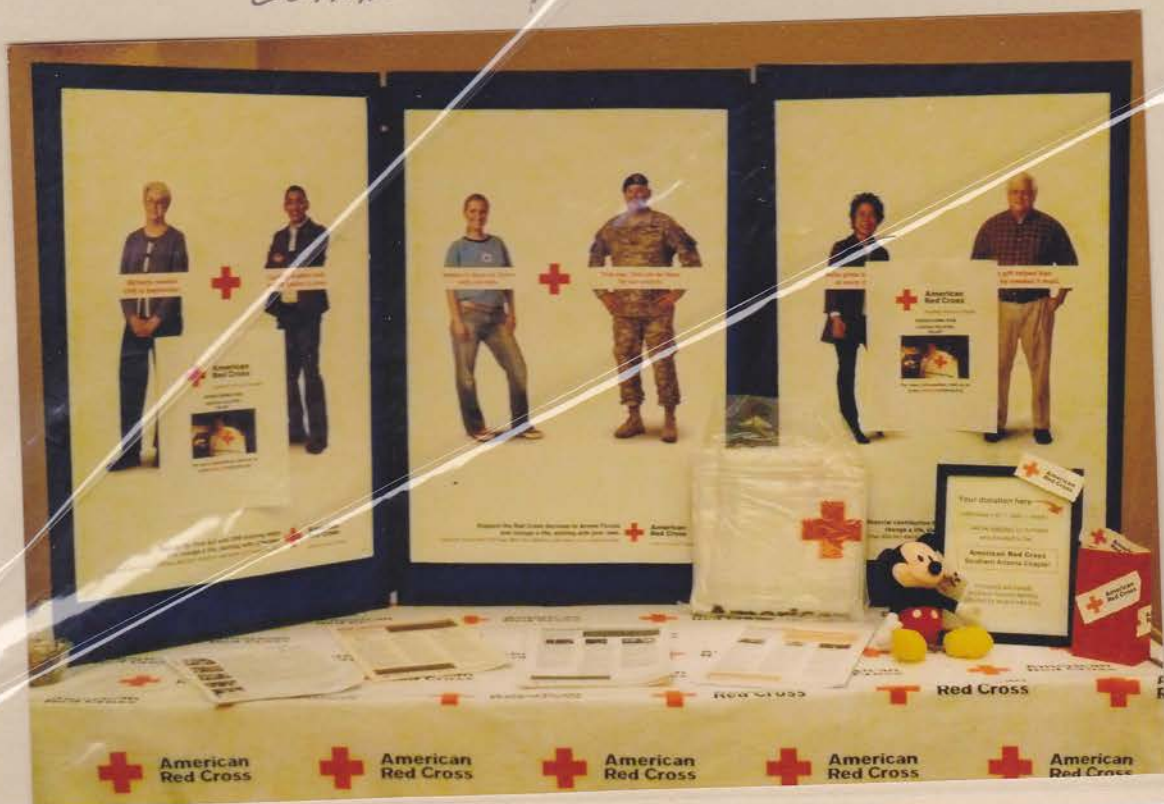
Madam President Speaks
maureen Serafin

9-24-11



Southern Arizona Chapter
Donate to Recent Wildfires
Community Service 9/24/11

Red
Cross



Red
Cross

Soaking up the Knowledge



9-24-11

Soaking up the sun



FALL
2011
The



PAC News

Volume 25 Issue 2

AZPANA President's Letter



Maureen Serafin RN, CPAN
AzPANA President

Having just returned from ASPAN'S Component Development Institute: Beacons to Our Future: Providing Safe Harbor, I am very enthusiastic to begin my term as your AzPANA President. Hot topics in the city of our founding fathers, Philadelphia, were membership, succession planning, providing quality educational seminars in hard economic times, and advancing our component with the use of high technology and social networks such as Facebook and Twitter.

In June, we transitioned in a new Board of Directors. We thank the outgoing board members and welcome the new and look forward to a promising year to come. We also welcome any ideas or suggestions you may have. Our contact information is available on the AzPANA website and we look forward to hearing from you.

Many opportunities await you, both with AzPANA and ASPAN. Nominating forms for board member positions are available on the ASPAN website and must be submitted by October 1st for 2012. Currently AzPANA is seeking a Vice President/President Elect. We seek an enthusiastic registered nurse with new and contagious ideas. Mentorship is provided and opportunity knocks. David George once said "Don't be afraid to take a big step when one is indicated, you can't cross a chasm in two small steps." Please contact me with your interest.

It is my sincere hope that in the upcoming year you might become engaged as an AzPANA member and that your passion might be sparked by attendance at one or all of our upcoming seminars. The recent conference at the El Conquistador in Tucson was awesome. The spring, 2012 conference will be in Phoenix and the summer, 2012 conference will be in northern Arizona. Please consider taking that extra step- the invitation awaits you.

Sincerely,

Maureen Serafin, RN, CPAN

Surfing
the Web?



Check it out -
www.AzPANA.org

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The

PAC News

Volume 25 Issue 3

AzPANA President's Letter



Maureen Serafin RN, CPAN
AzPANA President

I hope that all of you had Happy Holidays and enjoyed some time with family and friends.

As we begin 2012, I would like to quote Abraham Lincoln—"It's not the years in your life that count, it's the life in your years". Let us make each day count in some way this year whether it is a smile to a co-worker or volunteering time with any organization that we can participate in. AzPANA

hopes we may fire a few sparks of interest in you in this busy year to come.

The week of February 6th through the 12th is PeriAnesthesia Nurse Awareness Week (PANAW) in which we celebrate our unique nursing specialty practice. Plan some special events or treats to "pat each other on the back" or have an open house/info session for other nurses and coworkers from around the hospital to educate them about what we do in our small corner of the hospital.

February also brings opportunities to be involved in nursing legislation. Please see the calendar or contact our Governmental Affairs chair for more information about these.....

Surfing the Web?

www.AzPANA.org
Check it out!



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Maureen
Seratin
Madam
President

Back to the Future of PeriAnesthesia Nursing



An educational program presented by the
Arizona PeriAnesthesia Nurses'
Association

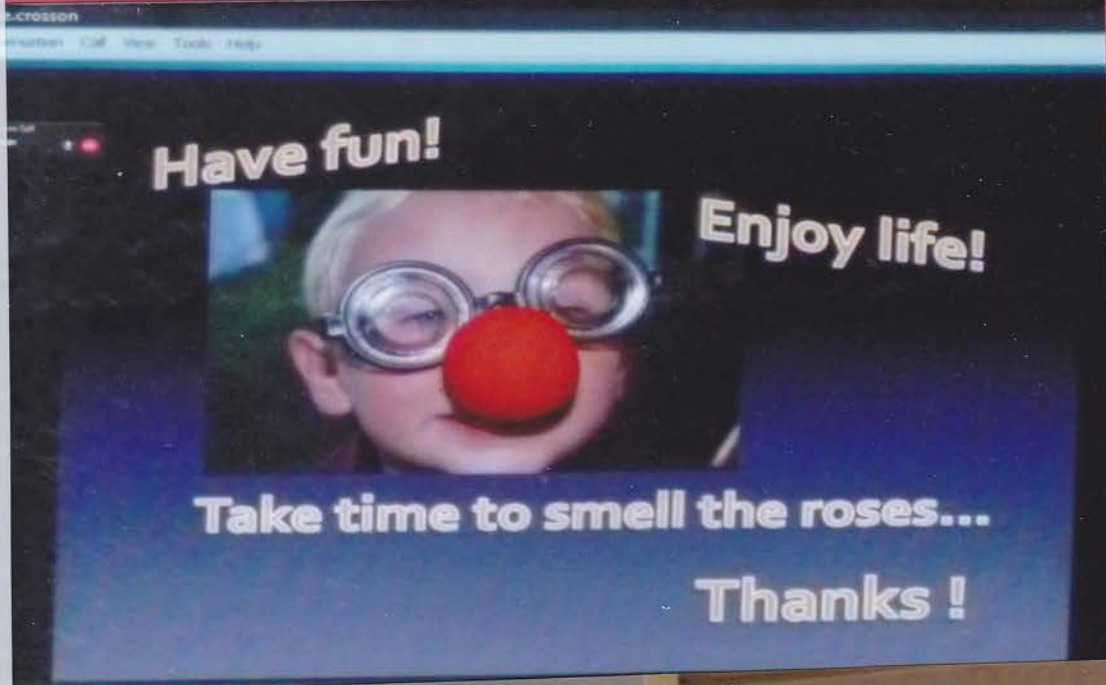


Saturday
March 3, 2012
Scottsdale Healthcare Osborn

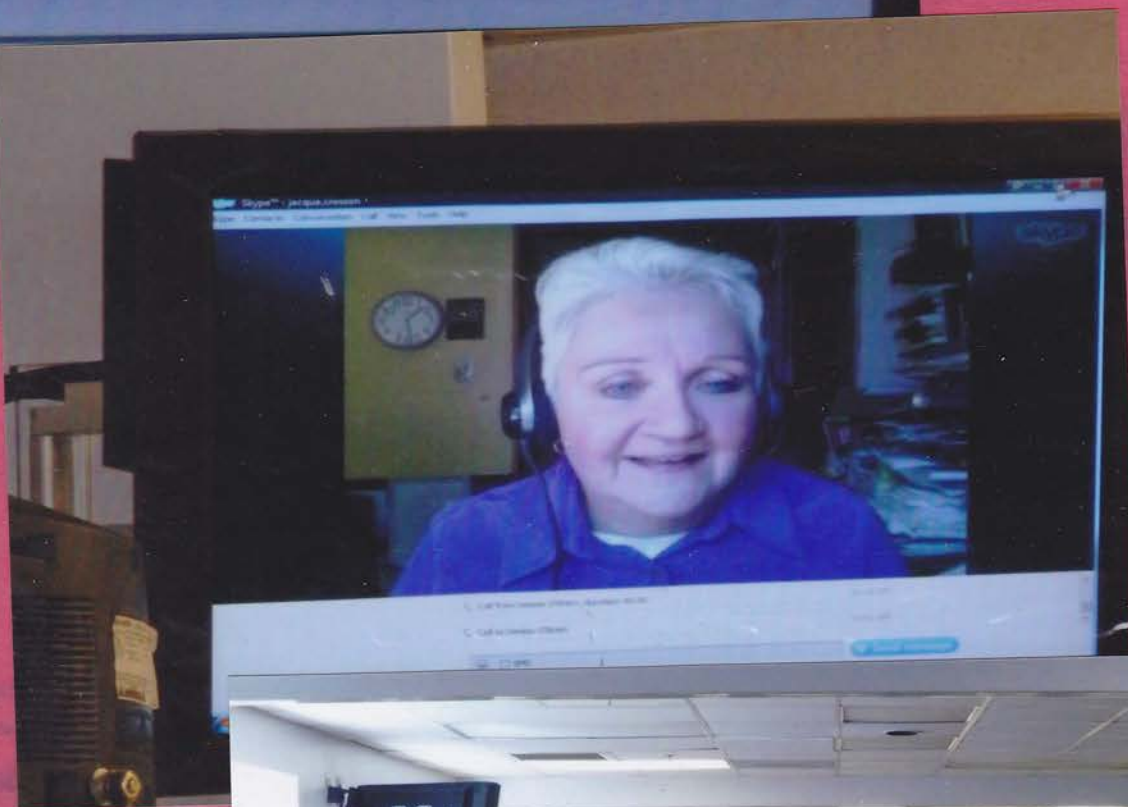
Target Audience: Perianesthesia nurses,
working in all phases of perianesthesia care

Purpose/Goal: To educate participants
about the implications of new interventional
procedures, to guide the nurse in caring for
onsurgical patients, and to provide
perianesthesia nurses updates in anesthesia,
colorectal surgeries and electronic
documentation.

This activity has been submitted to American Society of
Perianesthesia Nurses for approval to award contact hours.
American Society of Perianesthesia Nurses is accredited as an
approver of continuing nursing education by the American
Nurses Credentialing Center's Commission on Accreditation.



Electronic Charting



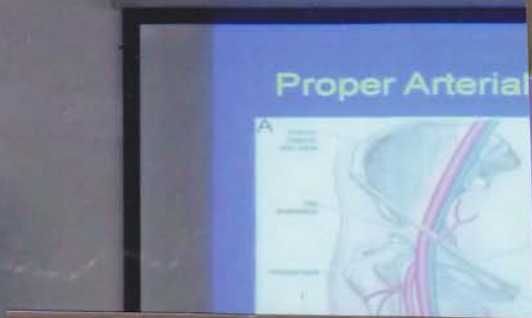
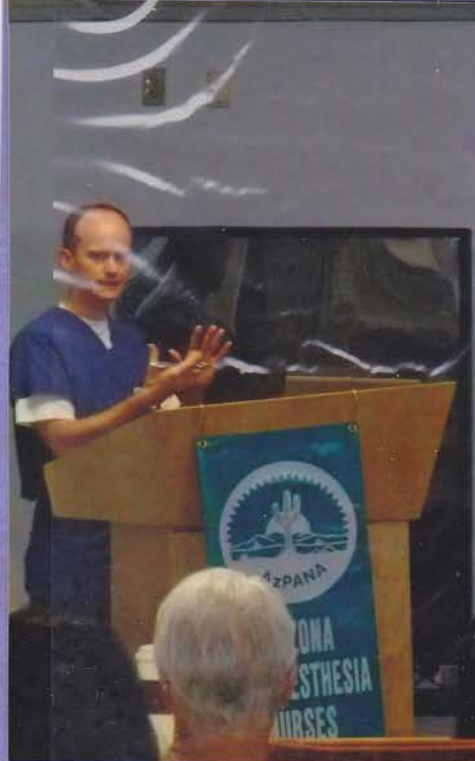


Problems that can occur during medical procedures

Problems that can occur during medical procedures are often preventable. The most common problems are related to the patient's condition, the procedure being performed, and the staff involved. The following are some of the most common problems that can occur during medical procedures:

- 1. Patient safety: This is the most important concern. Patients should be monitored closely throughout the procedure to ensure they are safe.
- 2. Infection: Infection can occur if proper sterilization techniques are not followed.
- 3. Anesthesia: Anesthesia can be dangerous if not administered properly.
- 4. Bleeding: Bleeding can occur if the procedure is not performed correctly.
- 5. Nerve damage: Nerve damage can occur if the procedure is not performed correctly.
- 6. Organ damage: Organ damage can occur if the procedure is not performed correctly.
- 7. Death: Death can occur if the procedure is not performed correctly.

- ### Preoperative care
- » Discussion with the patient
 - » What is wrong
 - » How to fix it
 - » Realistic expectations
 - » Questions



Speakers
3/12

ASPAN'S 31ST NATIONAL CONFERENCE

Beacons of Change

Focusing on the Future

April 15-19, 2012

The Hilton Orlando • Orlando, Florida

CONFERENCE PROGRAM

SATURDAY, April 14, 2012

7:30 AM – 8:00 AM

AM Preconference Registration

7:30 AM – 5:00 PM

ASPAN Board of Directors Meeting

8:00 AM – 12:30 PM

\$ AM Preconference Offering –

Pain Assessment and Management in the Perianesthesia Setting

The focus of this preconference session is the healthcare team's role in influencing patient outcomes through the assessment and management of pain in the perianesthesia setting. The barriers that affect the team's performance in assessing and managing pain will be addressed. Preoperative teaching and the challenges of assessment in the immediate postoperative period are discussed. Current recommended pharmacologic approaches and the use of nonpharmacological methods to complement pharmacologic strategies for managing pain will be presented.

(DC) 4.0 contact hours

Chris Pasero MS RN-BC FAAN

1:00 PM – 1:30 PM

PM Preconference Registration

1:30 PM – 6:00 PM

\$ PM Preconference Offering –

Pediatric Perianesthesia Essentials

Pediatric care in the perianesthesia area can be challenging. This offering will provide a review for seasoned perianesthesia nurses, and essential information for those who care for pediatric patients on an infrequent basis.

(DC) 4.0 contact hours

Mitchell Austin MD and Krista Bragg DNP CRNA

3:15 PM – 4:15 PM

Host / Hostess Orientation

4:00 PM – 7:00 PM

Registration Desk Open

4:00 PM – 7:00 PM

Credentials Desk Open

4:30 PM – 5:30 PM

Session Moderator Orientation

5:30 PM – 6:30 PM

Opening Rehearsal

6:30 PM – 7:30 PM

Meet the Candidates



31st National Conference Orlando, Florida
AZ attendees



Plaque
Awarded
to
AzPANA
at
National
Conference.
won Shining
Star
Award
8
times!

SPRING - SUMMER 2012



The

PAC News



Volume 25 Issue 3

AzPANA President's Letter



Maureen Serafin RN, CPAN
AzPANA President

I hope all of you enjoyed your Mother's day and Nurses week celebrations this past week and had some time to enjoy family and co-workers.

I just returned from attending ASPAN's 31st National conference in Orlando-

"You Are A Beacon of Change- Focusing on the Future"

I want to thank all of you for giving me this opportunity to represent our component there.

AzPANA was one of only two components to receive a plaque at the CPAN/CAPA luncheon for eight consecutive years of receiving the Shining Star award—Yeah!! This is a reflection of all your hard work becoming and staying certified in your profession. We also received a certificate from ASPAN at the President's luncheon for being an active component for 30 years. I was very honored and proud of our state and all of you.

There were a variety of speakers and topics. The representative assembly was very interesting. This was the first time a component wrote a motion, which passed regarding "transparencies in nominating", More information about this will be available to you in the future. Cont.....

Surfing the Web?

www.AzPANA.org
Check it out!

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Conference Faculty...
Ashish Pershad MD
Shane Martin MD
Natalia Marcum PNP
Kara Woolgard RN, BSN
Dana Jones PharmD, BCPS
Patrick Smith MD, MBA
Deanna Bevans RN, MS, CFRN

Overall Program Objectives:

To discuss relevant topics that influence perianesthesia nursing practice through interaction with clinical and nursing practice subject matter experts and perianesthesia colleagues.

Conference Site...

Radisson Fort McDowell Resort
10438 N Fort McDowell Rd
Scottsdale/Fountain Hills, AZ 85264
(480)-789-5300

**Special room rates of \$89 available until
May 22, 2012!**

**Use group name Arizona PeriAnesthesia
Nurses' Association or AzPANA**

From Tucson

I-10 West to the Phoenix area.
Take exit 154 onto US 60 East.
Take exit 176B onto AZ-101-Loop North.
Take exit 51 onto AZ-202-Loop East.
Take exit 13 onto AZ 87/Country Club Drive
Turn left to get onto north Country Club Drive (Country Club becomes AZ 87 North).
Turn right onto Fort McDowell Road and proceed to destination.

*AzPANA will be collecting donations for Lifebox. Lifebox provides pulse oximetry for surgical settings around the world in lesser-developed nations
...Thank you for your generous support!*

Quench Your Thirst For Knowledge:

Hot Topics for PeriAnesthesia Nursing

An educational program presented by the
Arizona PeriAnesthesia Nurses'
Association



**Saturday
June 23, 2012
Radisson Fort McDowell Resort
and Casino**

Target Audience: Perianesthesia nurses,
working in all phases of perianesthesia care.

Purpose/Goal: The purpose of this program
is to present hot topics for perianesthesia
nursing.

Accreditation

This activity has been submitted to
American Society of Perianesthesia Nurses
for approval to award contact hours.
American Society of Perianesthesia Nurses
is accredited as an approver of continuing
nursing education by the American Nurses
Credentialing Center's Commission on
Accreditation.

Quench Your Thirst for Knowledge: Hot Topics for PeriAnesthesia Nursing

Saturday, June 23, 2012

0715 – 0750	Registration / Continental Breakfast	
0750 – 0800	Welcome	Christine Smith RN, MSN, CPAN
0800 – 0900	Transarterial Aortic Valve Replacement (TAVR) 2012 Update	Ashish Pershad MD
0900 – 1000	MAKOpasty partial knee resurfacing to treat osteoarthritis of the knee	Shane Martin MD
1000 -1015	Break---pour yourself a thirst quencher!	
1015 - 1115	Pediatric Pain Management in the Post Anesthesia Care Setting	Natalia Marcum PNP Kara Woolgar RN, BSN
1115 – 1130	AZPANA President's Update / Awards	Maureen Serafin RN CPAN
1130 – 1230	Lunch—a refreshing pause!	
1230 – 1330	Updates in Adult Perioperative Pain Management	Dana Jones PharmD, BCPS
1330 – 1430	The Impact of Economic Forces on the Delivery of Health Care: High Reliability and Safety Culture	Patrick Smith MD, MBA
1430 – 1445	Break—cool down and relax!	
1445 - 1545	Basic 12 Lead ECG Interpretation	Deanna Bevans RN, MS, CFRN
1545 – 1600	Closing / Evaluations	

Program inquires: Christine Smith: christinesmith4855@gmail.com Registration inquires: chrisendine.azpana@yahoo.com

Disclosure Statement

All faculty at nursing continuing education activities are required to disclose to the audience (1) any significant financial relationship with the manufacturer (s) of any commercial products, goods, or services, and (2) any unlabeled / unapproved uses of drugs or devices discussed in their presentations. Such disclosures will be made in writing in the course

REGISTRATION - Please PRINT or Type
AZPANA June 23, 2012
Name _____ ASPAN Membership # _____
Address _____ E-mail _____
City _____ State _____ ZIP _____ Telephone # _____
☐ Home ☐ Wo

Fees:
☐ \$100.00 ASPAN/AZPANA Member
☐ \$150.00 Non-members
☐ \$130.00 (Members)/ \$180.00 (Non-members) Registration at the door (No discounts apply)
☐ \$5.00 Discount for CPAN or CAPA certification (Copy of CPAN / CAPA certification card required for discount.)
☐ \$5.00 Discount for early registration postmarked by June 1, 2012.
☐ \$5.00 Discount for group registration (4 or more registrations received together in same envelope)
☐ \$10.00 Late fee - Required if registration postmarked after June 17, 2012.

Amount enclosed \$ _____ Payment by cash or check only please, payable to AZPANA

Mail Registration to:

AZPANA c/o Chris Brisendine, 3256 E. Maplewood Street, Gilbert, AZ 85297 (Confirmation by e-mail only)

Cancellation Policy: Full refund prior to June 11th, Late cancellation fee \$10.00 for cancellation after June 11th and prior to June 17th; No refund for cancellation after June 17th.

Conference 6/12



Attendees

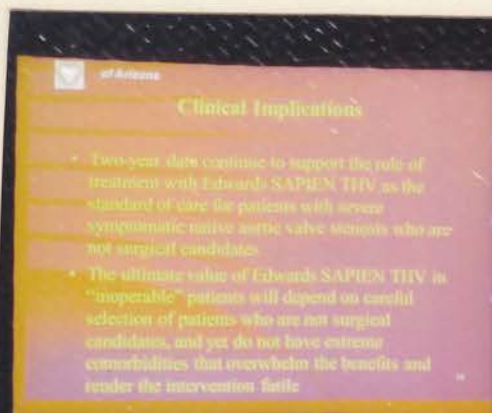


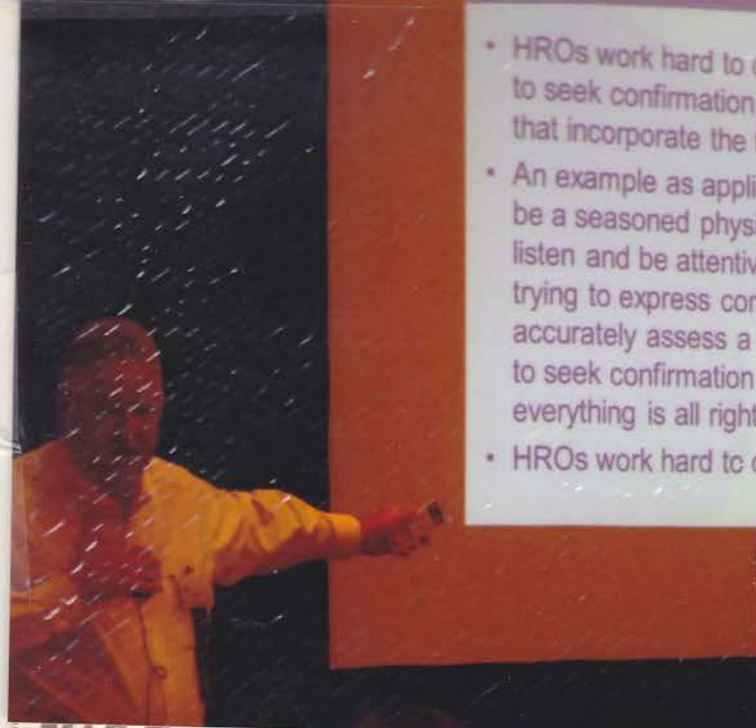
Raffles

6/12

Conference

Speakers

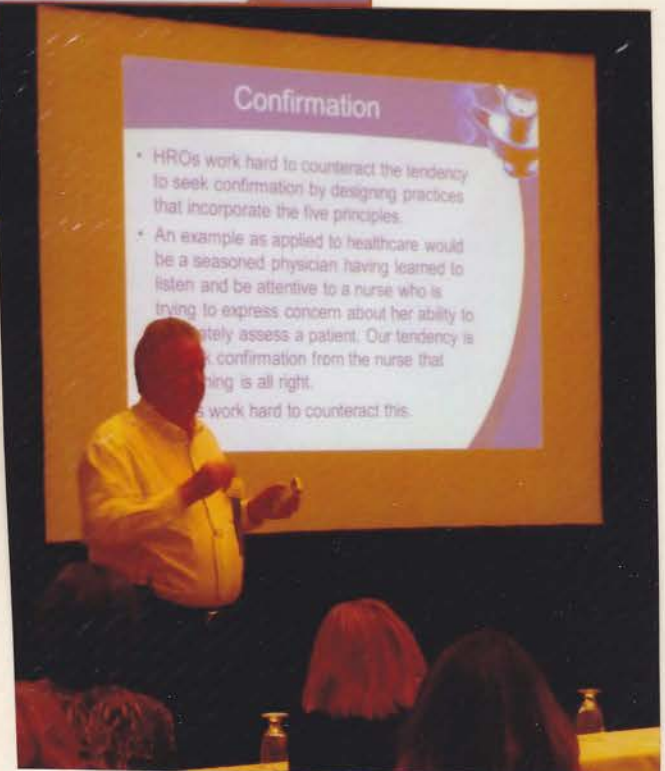




- HROs work hard to counteract the tendency to seek confirmation by designing practices that incorporate the five principles.
- An example as applied to healthcare would be a seasoned physician having learned to listen and be attentive to a nurse who is trying to express concern about her ability to accurately assess a patient. Our tendency is to seek confirmation from the nurse that everything is all right.
- HROs work hard to counteract this.

6/12

Fountain Hills, AZ



Confirmation

- HROs work hard to counteract the tendency to seek confirmation by designing practices that incorporate the five principles.
- An example as applied to healthcare would be a seasoned physician having learned to listen and be attentive to a nurse who is trying to express concern about her ability to accurately assess a patient. Our tendency is to seek confirmation from the nurse that everything is all right.
- HROs work hard to counteract this.



Conference Speakers







An educational program presented by the
Arizona PeriAnesthesia Nurses'
Association



Saturday
September 15, 2012

University of Arizona's®
Biosphere 2
Where Science Lives

Target Audience: Perianesthesia
nurses, working in all phases of
perianesthesia care.

Purpose/Goal: The purpose of this
program is to present hot topics for
perianesthesia nursing.

Accreditation

This activity has been submitted to American Society of Perianesthesia Nurses for approval to award contact hours. American Society of Perianesthesia Nurses is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

EXIT





